

CYJC

CALGARY YOUTH JUSTICE COMMITTEES

Cheap and Free Activities for Youth

Remember: Having a place to burning energy helps young people maintain emotional, mental and physical balance.

- 1. Go swimming!** Southland or Village Square Leisure Centre Drop-in fees are \$6.00 for youth which includes access to the wave pool, fitness centre, exercise and aqua fit classes, gymnasiums, scheduled Public Skating and Shinny Hockey (when available). An admission allows you to stay all day or to leave and return later the same day (subject to facility capacity).
 - a. Wave Pools** - Calgary has three wave pools, part of the "Leisure Centres": Village Square Leisure Centre (NE), Trico Family Wellness Centre (SE), and Southland Leisure Centre (SW). Admission is \$6.00 for all-inclusive youth admission.
 - b. Westside Recreation Centre** - Indoors, you can swim, do fitness activities in the Youth Wellness Centre, walk or run on the running track, drop-in sports, basketball or badminton, wall climbing, ice skating in winter or in-line skating in summer. Outdoors, go skateboarding or play outdoor basketball. All this is included with admission of \$9 for youth.
- 2. Teen Night at Village Square Leisure Centre!** Friday nights 7:30-10 pm. Youth ages 12 to 17 (ID required) can hang out in the youth room with friends, compete in Nintendo Wii, play games and sports in the gymnasium and swim in the pool. General youth admission applies.
- 3. Youth Night at Southland Leisure Centre!** Join the action-packed Friday nights! The Sport Hall and Water Park are youth exclusive for you and friends to enjoy playing a variety of sports and activities, swim and dance to music with a live DJ. General youth admission applies.
- 4. Bowling!** There are at least 8 bowling alleys across the city. The cost is \$6-7 depending on whether it's 5 or 10 pin you want to play. Shoes can be rented for \$3.00. Glow bowling is also available at some bowling alleys at certain times.
- 5. Explore thrift shops and flea markets!** There are lots of thrift stores and you can try on crazy clothes and create a new look! As for markets, Crossroads, Kingsland, and Hillhurst Sunnyside are generally open Friday, Saturday and Sunday.
- 6. See a movie!** Canyon Meadows is a discount cinema. Cost is \$3-5 depending on time and day of the week.
- 7. Visit a park!** Take a ball or your bike for exercise – or just walk. You can walk by the river too! Calgary has wonderful parks including Bowness, Carburn, Glenmore, Nosehill, Prairie Winds, Riley, Sandy Beach, Stanley Park, and Weaselhead. Or take your skateboard to Shaw Millennium Park. Go to the same park during different seasons – it's a whole new adventure rolling in the leaves in the fall, making snow angels in winter, looking for the first spring buds and flowers, and lying in the sun listening to tunes in summer.



- 8. Go to the playground!** As long as you're not displacing the younger kids...swinging, sliding, climbing the monkey bars.
- 9. Ride your bike!** Take your bike for a spin on the Calgary pathways and bikeways. Call 3-1-1 and they will mail a map to you so you can plan your route.
- 10. A Lot of Everything at Shakers Fun Centre!** Calgary's largest year-round entertainment centre. (Open Friday, Saturday and Sunday) Two options for passes: unlimited day pass includes unlimited use of Go Karts, Mini Golf, Laser Tag, Climbing-Tower & Indoor Playground for \$27.95 per person +GST; or indoor value pass includes unlimited Laser Tag, Climbing-Tower & Indoor Playground (max. 54" tall) for \$17.95 per person +GST. 9900 Venture Avenue SE. Shakerscalgary.com.
- 11. Rock Climbing!** There are 8 climbing walls in Calgary. The climbing centre at Mount Royal University has an indoor climbing wall open from September to June. For 13-16 year olds, they can top rope climb, top rope belay and boulder without adult supervision. In order to belay, the participant must have successfully completed a Recreation belay test. On your first visit, you must go through the orientation and sign a waiver (a parent or legal guardian must be present for the orientation and to sign the waiver).
- 12. Feed the birds!** Build a birdfeeder to attract the birds to your window - just don't hang it close to doorways or you'll have mice and squirrels coming to visit you! To make a birdfeeder, cut one metre of heavy string or twine and tie one end of it around a large pinecone. Cover the pinecone generously with peanut butter and roll in birdseed, dried fruit and sunflower seeds. With the remaining string, tie the pinecone to the branch of a tree.
- 13. Learn how police solve crimes!** YOUTHLINK – the Calgary Police Interpretive Centre, 2nd Floor, 316 - 7 Avenue SE (403)206-8927, Website: youthlinkcalgary.com
Kids experience first-hand how police investigate crimes, deal with crime-related issues and respond. It is a unique chance to go deep inside the world of police and the crimes they face. It's a hands-on centre that can teach and inform youth on some of the big issues they deal with today: drugs, violence, internet predators, gangs, bullies and more. The goal is to involve and educate through activities and interactive exhibits. Kids are invited to get into uniform, get fingerprinted or see the outcomes of poor decisions.
- 14. Pilot an F-18 fighter jet simulator!** Calgary Spaceport, Calgary International Airport (third level, by food court) (403) 735-1319. Take bus #57 from the Whitehorn LRT Station to the airport. Unique education and entertainment facility focusing on space and aeronautics makes learning fun and accessible using the latest computer, simulation and communication technology. Hands-on exhibits and displays. SpacePort features a soaring aluminum prototype of NASA's space shuttle orbiter, interactive displays from the Canadian Space Agency, flight and motion simulators, a moon rock exhibit and many more exciting interactive space and aviation adventures.
- 15. Escape to an oasis!** Devonian Gardens, TD Square, Downtown
Expected to reopen in the summer of 2012. This indoor oasis is a 2.5 acre indoor park on the top floor of downtown's TD square. It has plants, fountains, reflecting pools, waterfalls, bridges, and



art gallery and a playground under its massive glass roof. In the winter, the reflecting pool is an outdoor skating rink.

- 16. Take a walk in nature!** Inglewood Bird Sanctuary (SE) From Downtown: Follow 9 Ave through Inglewood past Blackfoot Trail, to Sanctuary Rd. Take a walk through the best place in Calgary for bird watching, nestled in a well-protected curve in the Bow. The sanctuary area has a variety of habitats attracting lots of different birds. Binoculars are helpful, but optional.
- 17. See how fish hatch and grow!** Sam Livingston Fish Hatchery (SE), Blackfoot Tr. and 17 Ave SE, north to 17A St SE. <http://www.youtube.com/watch?v=ecojDV9O8xY>
In the Discovery Centre, look into the eyes of Alberta's 65 fishes, drink with a dinosaur and crawl through a beaver lodge. The hatchery is the source of trout caught in the world-famous Bow River trout fishing habitat downstream from Calgary. Hatchery tour at noon and 2 pm daily is \$3 for youth. Open Tu-Sa 11am-4pm and open to 8 pm.
- 18. Take a long, long walk (or bike ride)!** Elbow River Pathway (SW) This popular pathway goes around the Glenmore Reservoir, and then continues downstream to Fort Calgary, where it joins the Bow River Pathway. The path connects Glenmore Park, River Park, Stanley Park, and Lindsay Park, and then snakes behind the Stampede Grounds (this path section closed during Stampede Week). This pathway is well-treed but has some significant hills. From Sandy Beach to the Bow River the path is pretty.
- 19. Discover how your brain reacts to falling in love!** TELUS Spark Centre, 220 St. George's Drive NE, (403)817-6800 <http://www.sparkscience.ca/explore/being-human/>
Su-Wed 9am-4pm, Th 9-9, Fr-Sa 9-5. Last entry 90 min. before closing.
A place for people of all ages and abilities to let go and embrace the desire to explore and discover science, technology and art in new and amazing ways. Discover for yourself what makes the world around us so undeniably incredible by exploring over 100 exhibits, programs and demonstrations across four exhibit Galleries, an expanded and enhanced Creative Kids Museum, a Presentation Theatre, and Digital Dome Theatre (open from Spring 2012). Admission costs \$15.95 for youth.
- 20. Go roller-skating!** Lloyd's Roller Rink and Recreation Centre, 7520 Macleod Trail SE (403)252-0146. Open evenings except Tue.; Sat. 10-6 and Sun 1-6. Admission \$3-8.75 depending when you go. Rentals \$2.75.
- 21. Volunteer!** Check out the possibilities at Volunteer Calgary <http://www.volunteercalgary.ab.ca/>.
- 22. Join the Scouts or Girl Guides!** Venturers are for young men and women aged 14-17. Call: 1-888-726-8876. Registration is about \$150 a year and can be waived based on income through the "No One Left Behind" program. Girl Guides offers Pathfinders for ages 12-15 and Rangers for 15-17 years (can also become a junior leader). Fees range from \$130-175 and subsidies are available. (403) 283-8348 ext. 240.
- 23. Play high-tech hide and seek!** Geocaching uses a GPS receiver or mobile device and other navigational techniques to hide and look for containers, called geocaches or caches, which contain small "treasures" (usually toys or trinkets) and a log book. Several Calgary parks have caches. <http://www.geocaching.com/>
- 24. Stand on a glass floor!** At the top of the Calgary Tower, you are 450 feet above the ground. Youth admission is \$18.00.



- 25. Visit your local library!** Check out what programs are going on for youth or check out a book or DVD. <http://calgarypubliclibrary.com/services/programs-events/register-for-programs>.
- 26. Go on a run or walk!** The Running Room has weekly practice runs/walks - it's FREE! From all Running Room locations on Wednesdays at 6:00pm and Sundays at 8:30am (times may vary depending on location). Practice is absolutely open to all runners and walkers as we send out multiple groups under the leadership of pace group leaders. You can take advantage of running or walking with a group and meet new friends.
- 27. Play at the YMCA!** Every 3rd Sunday of the month has free access all day long. Go for a swim, play a game of basketball, or use the cardio and strength equipment.
- 28. Hang out with the animals!** The Humane Society has a number of opportunities to volunteer with bunnies, cats, dogs...<http://www.calgaryhumane.ca/page.aspx?pid=548>.
- 29. Like history? Go to a museum!**
- a. **FIREFIGHTERS MUSEUM**
4124 - 11 Street SE (403)246-3322 (May to October)
Website: firefightersmuseum.org
The equipment and memorabilia of the Fire Services' past
 - b. **FORT CALGARY HISTORICAL PARK**
750 - 9 Avenue SE (403) 290-1875
Website: fortcalgary.com
Fort Calgary is where the settlement of Calgary began. Displays in the interpretive centre cover the life of Natives, early pioneers, and the North West Mounted Police, Canada's world-renowned Mounties, who arrived in 1875 to establish law and order. To do so, they built a fort at the crossing of two rivers. Across the Elbow River is the Deane House Historic site & Restaurant. During the summer, tour the re-constructed Fort (in progress).
 - c. **GLENBOW MUSEUM**
130 - 9 Avenue SE (403)268-4100
Website: glenbow.org
Meet explorers and entrepreneurs, artists and athletes in our Mavericks Gallery. Experience the Blackfoot people's rich history, see magnificent Asian sculpture, march through a vast military collection, explore West African symbols, see amazing rocks and minerals and discover fascinating visiting exhibits.
 - d. **GRAIN ACADEMY MUSEUM**
Round-up Centre on the Plus 15 level in Stampede Park (403)263-4594
Website: grainacademymuseum.com
Interactive celebration of the grain industry in Western Canada
 - e. **THE MILITARY MUSEUMS**
4520 Crowchild Trail SW (403)974-2850
Website: themilitarymuseums.com
The military history of Canada, with an emphasis on Western Canada
 - f. **OLYMPIC HALL OF FAME & MUSEUM**
88 Canada Olympic Road SW (403)247-5452



Website: coda.ca

Capture the Olympic experience in winter Olympic sports.

g. HERITAGE PARK

1900 Heritage Dr. SW Calgary (403) 268-8500

Open from Victoria Day: M-F 9am - 5pm, Sa-Su 9am-5pm; Summer hours: M-Su 10am-6pm; to Thanksgiving: Sa-Su 10a-5p

Canada's largest historical village, a re-creation of pre-1915 prairie pioneer life. Steam train, paddlewheeler, and antique midway rides.

h. TSUU T'INA MUSEUM

3700 Anderson Rd SW Calgary (403) 238-2677

8am - 4pm (closed for lunch)

Commemorates the 100 year history of Tsuu T'ina (Sarcee) Indians since Treaty Seven. Exhibits include a model Teepee and headdresses.

i. NICKLE ARTS MUSEUM

2500 University Dr NW Calgary (403) 220-7234

Tues-Fri 10am-5pm, Sa-Su 1pm-5pm

Three gallery halls host 20 different exhibitions a year. Permanent exhibit: collection of coins of the ancient world

j. ENERGEUM

640-5 Ave SW Calgary (403) 297-4293

Mo-Fr 10:30am - 4:30pm

History of the oil & gas industry from Devonian oceans to current exploration. Looks at drilling rigs, enhanced oil recovery, energy consumption and conservation.

Seasonal

30. Go Tobogganing! Calgary's parks have many hills that look perfect for tobogganing. But did you know that downhill tobogganing and sledding in Calgary parks is only allowed on designated toboggan hills? There are 17 such hills located throughout Calgary. These hills are large enough to be tons of fun, but are in safe locations free of trees and other obstacles.

a. North West Parks

- i. Royal Oak - 50 Royal Birkdale Drive NW (north side of hill)
- ii. St. Andrew's Heights - 2504, 13 Avenue NW

b. North East Parks

- i. Big Marlborough Park - dry pond - 6021 Madigan Drive NE
- ii. Deerfoot Athletic Park - 14 Avenue and 16A Street NE
- iii. Marlborough Community Association - 636 Marlborough Way NE
- iv. Monterey Park - Catalina Boulevard and California Boulevard NE (NE corner only)
- v. Rundle Dry Pond - 4120 Rundlethorn Drive NE (behind Rundle Elementary School)

c. South West/South East Parks

- i. Kingsland - dry pond - Heritage Drive SW (behind the RoseKohn/Jimmy Condon Arenas)
- ii. Maple Ridge - dry pond - Mapleglade Close SE



- iii. Richmond Green - 33 Avenue and 25 Street SW
- iv. Sacramento - dry pond - Sacramento Drive and 104 Avenue SW
- v. Scarboro - 15 Avenue and 16 Street SW
- vi. Signal Hill - Sirocco Drive and Signal Hill Heights SW
- vii. Stanley Park – 4011, 1A Street SW

- 31. Ice skating!** A lot of fun whether you know how to skate or not. Check out www.arenamaps.com for an easy way to locate an ice skating rink near you. And what about Olympic Plaza or Bowness Park for an evening skate?
- 32. Make a snow angel!** Flop down backward in the snow. Then move your arms up and down and legs apart and you've got yourself a terrific snow angel. Now grab some food coloring mixed with water in a spray bottle and decorate it!
- 33. Go snowshoeing!** Rent snowshoes for \$15 and head off to the closest park.
- 34. Go cross-country skiing!** Rent skis and boots and head out on a trail at Canada Olympic Park (COP) or Shaganappi Golf Course. Rentals at COP are \$25 for a full day or \$19 for 4 hours. You'll need to have a credit card.
- 35. Build a snowman!** Start with a snowball, and then roll it all around on the ground so it picks up more snow and turns into a huge ball. There you have the bottom part of the snowman. Do it two more times for the body and head of your snowman. Grab rocks and sticks to give it a personality. Put your favorite hat on it, give it a carrot nose and spray it with your food coloring/water spray bottle to give it some character. Snap a picture next to your new pal.
- 36. Shoveling!** Sounds like work, but it can be so much fun. Offer to shovel neighborhood driveways for money.
- 37. Build a snow fort!** On the next sunny day with a good amount of heavy, sticky snow on the ground, head to your yard or a nearby park and find a big snowdrift. If there isn't one, use a shovel to create a big mound of snow. Pack it down as hard as you can, and then start digging. Keep digging until you have a little room, and then use a spray bottle filled with water to spray down all surfaces (inside and out); this will harden and stabilize the fort. Dress up the fort by adding a couple drops of food coloring to the spray bottle and spray the exterior for a fun, vibrant effect.
- 38. Miniature Golfing!** There are about 5 places in Calgary for mini golfing. It costs about \$10 for youth and seniors – take your grandpa!
- 39. Go swimming!** Sikome Lake - Life's a beach at SE Calgary's famous swimming hole. Enjoy cooling down on a hot day, bring your inflatables (ball, boat, etc.) and take a picnic lunch. The lake is filled at the beginning of June each year.
- 40. Wade in the river!** Stanley Park (SW) From the West: Lansdowne @ Elbow Dr., head northeast along the river; From the East: on 42 Ave SE west of Macleod Tr. S.
The river-side park is close to downtown, nestled between Elbow River and Macleod Trail. Swim at the outdoor pool (open mid-June to Labour Day) or wade in the Elbow River. Suntan in the summer beside the tennis courts or beside the river. You can also play tennis or lawn bowling (Italian "bocce").



41. Attend a festival! There are lots of festivals and celebrations in Calgary, almost one in every month, but the summer is definitely Festival Time! Here is a rundown of the best festivals around the year.

Festival	Dates	Description
Winter Festival	Early February	Commemorating the 1988 Winter Olympics. Many activities from crafts to skating at various venues.
Chinese New Year Carnival	Mid-February	Celebrate Chinese New Year with activities that include martial arts demonstrations and traditional dances, fortune telling, photo booth where people can take a picture dressed up in Cantonese Opera costumes, and so much more. Admission is free. Calgary Chinese Cultural Centre (197 - 1 Street SW) 403-262-5071
Calgary International Spoken Word Festival	April	“PenUltimate Cabaret” will be the most eclectic and exotic collection of Spoken Word artists that Calgary has ever seen. Performances, panels, workshops, special events—something for everyone! Tickets \$5-25. 403-686-4292.
ImaginASIAN Asian Heritage Month	May	Art exhibitions, films, and a Bollywood banquet celebrate cultural diversity. Locations around Calgary, 403 264 2778
OtaFest	Late May	Japanese animation festival with shows, celebrating anime. All ages dance party on Friday night. At the University of Calgary
Festival of the Lady Bug	Late May	May long weekend, 100,000 lady bugs are released into the Priddis Flower Gardens. Additionally, live music, food & drink, massage, yoga and activity tent for kids. Overnight camping welcome. Highway 22x @ Priddis Valley Rd. Admission \$20 for adults, children free. 403. 931-1817
Calgary Ukrainian Festival	End May	Annual Festival features Ukrainian entertainment, home-cooked food, imported beverages, local vendors and a children’s craft area. Triwood Community Centre, 2244 Chicoutimi Dr. NW)
Fourth Street Lilac Festival	Late May	4th Street between 12 Ave SW and Elbow Drive. Street fair featuring live music, street merchants, food vendors, and all the 4th Street merchants. Call 229-0902 for more information.
Fairy Tales: International Gay & Lesbian Film Festival	End May	Celebration of films about gay, lesbian lifestyles. Attend the opening gala or see one or all of the films. At various downtown cinemas. 403-205-4747
Mosaic Community Cultural Festival	Start June	The Mosaic Festival is a free, public event featuring cultural music and dance performances on two

		stages, ethnic food vendors, an interactive cultural craft centre, exhibits and vendors, and tons of fun for kids! Celebrate the cultural diversity that makes Calgary's urban community so vibrant! Central Memorial Park, 1221 - 2 Street SW. 403-265-2880
Carifest	Mid June	Get ready for the best in reggae music and food from the Caribbean. There's a parade on the first Saturday, and a party and food fair on Prince's Island on the second Saturday.
Fathers' Day Street Festival	Mid June	Showcase of exciting cars, street performers, and live music. 8th Ave between 4th & 7th from 11 am to 5 pm. Contact Ceili's.
Inglewood Sunfest	End June	Vendors set up along 9th Avenue SE and visitors can purchase their wares and enjoy live entertainment, food, the Family Fun Zone. 9th Ave SE (between 11 St & 14 St) in historic Inglewood. From 10 am to 5 pm. 266-6962
Spruce Meadows National	Mid June	Equestrian tournament featuring the world's best athletes and horses, competing for \$800,000 in prize money. Spruce Meadows.
Vulcan Spock Days	Mid June	In Vulcan, AB. Lots of extra-terrestrial family fun, including celebrity meet & greet, parade and fair. (403) 485-2994
Calgary Greek Festival	Late June	This 3 day family festival entertains with live music, dancing and food. (403) 240-4905
Spruce Meadows Continental	Late June	Equestrian tournament in Spruce Meadows' International Ring, with the world's best show jumpers in an intimate setting.
Paddlefest	Late June	Variety of off and one-water activities including white-water and sea kayaking, canoeing and more. Over 150 boats. Carburn Park 403-269-2420.
Millarville Races	Start July	This annual horseracing event has been run for over a century, starting with a human 1 mile foot race (in costume) at 11 am, and horse races at 1 pm. At the Millarville race track, 12 km south of 22X. 403-931-3411
Sled Island Festival	End June- start July	Annual independent music and arts festival held at multiple venues in the downtown & beltline area.
Calgary Exhibition & Stampede	Start of July	Put on jeans and a cowboy hat and enjoy this week-long party! Go down to the grounds and enjoy the midway, the exhibits, the rodeo, and the chuck wagon races. Fireworks are held nightly at 10:45 pm (it's dark enough by then). There's lots of pancake breakfasts every day at malls around



		town, and along the Steven Avenue Mall. 403-261-0101
Mount Royal's Shakespeare in the Park	July	Celebrate the works of Shakespeare as he was meant to be seen and heard – in the great outdoors. Calgary's favourite pay what you can theatre festival returns July 3 to Prince's Island Park. 403-440-6374
Fiestaval "Latin Festival"	Mid July	Fiestaval is a 2-day free multicultural arts and entertainment festival highlighting the Latin American Culture and Calgary's Latin community. Fiestaval is a free, family-oriented alternative for celebrating multicultural arts and entertainment in Calgary. Calgary Olympic Plaza, 228 8th Avenue S.E., 403-242-2802
Kensington Sun & Salsa	End July	Calgarians and visitors can taste a variety of salsas created by restaurants in Kensington. The streets of the inner-city neighbourhood fill with bands, vendors, dancers and more. Pub patios also get packed with revellers. Along 10th Street NW and Kensington Road in Kensington 403-283-4810
Historic Calgary Week	End July	Talks, walks, concerts, visits to museums, celebrations. www.chinookcountry.org or (403) 261-4667
Chinatown Street Festival	Late July	Experience an array of colours, smells, sounds and people at the Chinatown Street Festival. There are many street vendors selling everything from jewellery to food. Various demonstrations occur, such as Tai Chi, and don't miss the parade of Chinese Dragons. 403-850-6868
International Native Arts Festival	Late July	Celebrate Calgary's native Indian heritage. This festival is held following Stampede, and is based at Stephen Avenue Mall. 233-0020.
Dragon Boat Festival	August long weekend	Held on Saturday and Sunday, the Calgary Dragon Boat race festival draws teams from across Western Canada and the United States. Races are held on the Glenmore Reservoir at the dock in North Glenmore Park, across from scenic Heritage Park. The event draws over 50,000 spectators and over 3,000 paddlers and volunteers. 403-216-0145
Heritage Day Festival	August long weekend	Head down to Prince's Island and enjoy multicultural exhibits and cuisine. 262-8499.
KAOS Blues Festival	Early August	The KAOS Blues Festival is a four-day event that sees locals and visitors gather in the summer sun to enjoy some great blues music. Held at Victoria Park Ball Diamond. 403-228-9997.
Marda Gras Street Festival	Mid-August	The Marda Loop neighbourhood festival in SW Calgary is quickly becoming a must-do event.



		Featuring live entertainment, jazz music, market tables and plenty of activities for children. Along 33 Avenue SW between 18th Street and 22nd Street. 403-685-5667
Calgary Fringe Festival	Mid-August	The Calgary Fringe Festival runs at several venues along 17th Avenue SW. This non-juried, uncensored artistic event will feature raw and innovative local, national, and international theatrical productions alongside street performers, musicians, film and outdoor stage events. The Calgary Fringe Festival will host indoor theatre productions, film entries, touring street performers, and musicians and musical acts. 403-265-3378
Chinatown Street Festival	Mid-August	This festival has Chinese musicians, dancers and vendors on 3rd Avenue, (between Centre St & Macleod Trail) Free Admission. 403-850-6868
Chestermere Waterfest	Mid-August	Catch all sorts of water sports, including sailing jet-skiing, wakeboarding, a fishing derby, beer garden, boat show capped off with evening fireworks. North end of Chestermere Lake 403-207-3366.
Taste of Calgary	Mid-August	For over a decade, Calgarians come down to Eau Clair Festival Plaza and sample food from dozens of Calgary restaurants. Admission is free, and tickets for food at 75 cents each from 11 am to 9 pm. 403-293-2888.
Afrikadey! Festival	Mid-August	Enjoy this festival of African arts and culture, with music and food fair throughout the downtown core. Events will take place at various venues throughout the week, finishing with a weekend of music at Prince's Island Park. Featuring African music, crafts, food and more! (403) 234-9110.
Calgary International ReggaeFest	Mid-August	Over the course of a week, Calgary will come alive during ReggaeFest. Celebrate the final day outside at Shaw Millennium Park, with non-stop music all day long. 403-355-5696
GlobalFest	End August	Like the Stampede but more cozy. Lethbridge's Exhibition Park, 3401 Parkside Dr South. \$15 Admission or buy tickets early and get a discount. (403)569.9679.
Expo Latino Calgary Hispanic Festival	End August	In the last weekend in August, catch opening ceremonies at Olympic Plaza, and outdoor open workshops in Salsa, Flamenco, Capoeira and other hot Latin dances. The main event is Expo Latino, Calgary's hottest outdoor festival, which takes place at Prince's Island Park and features food,



		cerveza garden, vendors, live entertainment and more. 403-271-2744
Barbeque on the Bow	Early September	Enjoy this Family Festival on Labour Day weekend at Eau Claire Festival Market. Canada's Oldest BBQ Competition and the official "Alberta BBQ Championships", Main Stage Entertainment, Children's Craft Tent, BBQ Cooking Demonstrations, Public Food Concession and General Store. 403-228-5039
Artcity Festival and Art Walk	Mid-September	The Artcity Festival has over 50 participating galleries in and around Calgary's downtown showcasing works by local and national artists through various displays and exhibits. 403-870-2787 or 403-263-6500.
Calgary International Film Festival	End of September	Every year the Calgary Film Festival gets bigger and better, offering over 300 films from over 30 countries. Held at various theatres throughout downtown. 403-209-4958
Calgary International Improv Festival	End of September	The Calgary International Improv Festival takes place each October in the EPCOR Centre downtown. Come laugh at visiting and local troupes as they showcase their newest works. 403-968-9123
Calgary International Spoken Word Festival		Annual Calgary International Spoken Word Festival "PenUltimate Cabaret" will be the most eclectic and exotic collection of Spoken Word artists that Calgary has ever seen. Performances, panels, workshops, special events—something for everyone! 403-686-4292.
Twelve Days of Christmas	Early December	Head down to Heritage Park and celebrate Christmas the old-fashioned way. Costumed "residents" of Heritage Park, actors, and local merchants recreate a pre-confederation Christmas. 259-1900.

