

COACH

PROGRAM INFORMATION

Thank you for your interest in becoming involved as a volunteer Coach with IN THE LEAD. Here is some information about the program.

WHAT?

WHAT IS IN THE LEAD?

- An innovative LEADERSHIP DEVELOPMENT and MENTORSHIP program that connects vulnerable young people with positive adult mentors
 - A STRENGTH-BASED approach to mentorship and relational development
 - An opportunity to volunteer *and* DEVELOP your own personal leadership and mentorship skills
 - A chance to CONNECT with a young person and support their leadership journey
-

WHO?

IS THIS SOMETHING FOR YOU?

THE COMMITMENT

Volunteer Coaches/Mentors interested in participating in this program must be able to commit to:

- Being available for the duration of the 4-month program
- Completing an application and screening process
- Participating in three half-day training sessions
- Attending “Meet Up” - an event where Young Leaders and Coaches/Mentors will be introduced to each other
- Connecting regularly with an assigned Young Leader through texts, phone calls and/or in person
- Attending group volunteering events as your schedule permits
- Attending the wrap up celebration at the end of the 4 months
- Being willing to learn, open-minded and ready to be challenged!

COACH

PROGRAM INFORMATION

WHY?

WHY IS THIS A GREAT OPPORTUNITY FOR YOU?

- GROW PERSONALLY AND PROFESSIONALLY
- ENHANCE POSITIVE RELATIONSHIP SKILLS
- DEVELOP A STRENGTH-BASED MINDSET
- EXERCISE YOUR CREATIVITY
- EXPAND YOUR COMFORT ZONE
- DEVELOP YOUR SELF-AWARENESS
- CHALLENGE YOUR EXPECTATIONS OF YOURSELF AND OTHERS
- CREATE NEW AND MEANINGFUL CONNECTIONS

PROGRAM COMPONENTS

THERE ARE THREE MAIN COMPONENTS TO IN THE LEAD:

ONE ON ONE COACHING/MENTORING

Each Young Leader is paired with a volunteer Coach/Mentor for the duration of the program. The role of the Coach/Mentor is simple: get to know a great young person, find out what strengths they have and encourage them to use those strengths. Coaches are trained and are supported throughout the program and experience their own leadership and mentorship development journey.

GROUP VOLUNTEERING

Young Leaders and Coaches/Mentors are encouraged to participate in group volunteering events in the community. There are typically 3 volunteering events within the 4 month program. The volunteer events are a great way for Young Leaders and Coaches/Mentors to connect and learn about each other in a fun and meaningful way.

WEEKLY LEADERSHIP DEVELOPMENT CLASSES

Over the course of the program the Young Leaders meet weekly as a group with an In the Lead facilitator to work through a leadership curriculum based on 7 Core Leadership Competencies. It is not expected for Coaches/Mentors to attend weekly classes.

EVERYONE NEEDS SOMEONE WHO BELIEVES IN THEM.

Will it be you?

