

IN THE  
LEAD 180

IN THE LEAD 180

**PARENT / YOUNG LEADER INFO SHEET**

# Seeing. Believing. Succeeding.

**A strength-based leadership  
program for Young People.**



A CALGARY YOUTH JUSTICE  
SOCIETY PROGRAM

[intheleadcalgary.com](http://intheleadcalgary.com)

## Program Description

In the Lead 180 is a strength-based leadership program for Young People who have had some involvement in the justice system. In the Lead reaches young people in our city who are struggling to use their natural leadership ability in beneficial ways. The objective is to build and enhance key protective factors that are known to reduce risk taking behavior and re-offending. Our strength-based, leadership curriculum encourages youth to transform their views of themselves, their communities and their futures so they make better choices. In the Lead has proven to increase resilience in young people, increase self-esteem and create a positive connection to the community.



## Class Details

- Classes are every Tuesday, and will be 1.5 hrs from 6:00PM - 7:30PM
- Online using Zoom: an invite will be sent by email a few days prior to class
- Participants must have access to a computer or phone that connects to the Internet, and has a functioning camera and microphone



## What Youth Participants Can Expect

- ▶ A facilitator who is there to see their strengths and leadership potential
- ▶ A facilitator who will respect them, hold them accountable and set healthy boundaries that will help them succeed
- ▶ Development of self-awareness and an understanding of what healthy risk-taking looks and feels like
- ▶ Lots of questions! In the Lead is about what they already know about their strengths and leadership potential
- ▶ Classes that use videos, pop culture references and funny games to make it interesting and engaging for young people
- ▶ Participants can expect to meet other young people on a similar journey where they are discovering ways to do better going forward

## What is expected of youth participants to ensure everyone's privacy

- Use only first names to introduce themselves
- Attend programing from a private space
- Use headphones if there is anyone else present in their home

## Check-list for Success



Successful completion of this program requires active participation, a high level of commitment and follow-through.

- 01. **Show Up to Class**
  - Login at least 5 minutes early (if you are more than 10 minutes late from the start of class you will be required to repeat the class)
  - Cameras must be on, and we must see your entire face during class
  - Some writing is required – have the Guidebook ready and a pen or permanent marker
- 02. **Participate During Class**
  - Actively contribute to the discussions and activities
  - Turn off, put away and move away from potential distractions (example: cellphones, TV's, other electronic devices and/or other people in the space)
  - Lack of participation may result in you being required to repeat the class or not completing
- 03. **Be Respectful**
  - No use of drugs, alcohol or tobacco products may be used during class
  - Use respectful language
  - respect the privacy of others by keeping who is attending and what is shared in class confidential
- 04. **Do the Homework**
  - Mandatory Life labs (weekly leadership homework) will be assigned at the end of each class. These are small reflection assignments that will not take up much time. Come to class prepared to share

## What In the Lead 180 will do to ensure privacy

- Use an encrypted video calling platform
- Monitor who is admitted into the class
- Facilitate programing from a private space

