

IN THE
LEAD 180

IN THE LEAD 180
REFERRER INFO SHEET

Seeing. Believing. Succeeding.

A strength-based leadership
program for Young People.



A CALGARY YOUTH JUSTICE
SOCIETY PROGRAM

intheleadcalgary.com

REFERRER INFO SHEET

Program Description

In the Lead 180 is a strength-based leadership program for Young People who have had some involvement in the justice system. In the Lead reaches young people in our city who are struggling to use their natural leadership ability in beneficial ways. The objective is to build and enhance key protective factors that are known to reduce risk taking behavior and re-offending. Our strength-based, leadership curriculum encourages youth to transform their views of themselves, their communities and their futures so they make better choices. In the Lead has proven to increase resilience in young people, increase self-esteem and create a positive connection to the community.



Session Details & Referral Eligibility

When: Tuesdays from 6:00PM - 7:30PM

Where: Online- CYAC staff to send weekly invites via email

What: Preferably 6 sessions. Minimum of 4 sessions

Who: Youth ages 14-18 who show strengths and leadership potential

To be eligible for this program, the young leaders must have access to a computer or phone that connects to the internet and the ability to participate in a private space or has access to headphones with a microphone.



What Youth Participants Can Expect

- ▶ A facilitator who is there to see their strengths, their leadership potential and to support their success
- ▶ A facilitator who will respect them, hold them accountable and set healthy boundaries that will help them succeed
- ▶ Development of self-awareness and an understanding of what healthy risk-taking looks and feels like
- ▶ Lots of questions! In the Lead is about what they already know about their strengths and leadership potential
- ▶ Classes that use videos, pop culture references and funny games to make it interesting and engaging for young people
- ▶ Participants can expect to meet other young people on a similar journey where they are discovering ways to do better going forward

What CYAC expects of the Young Leaders to ensure privacy

- Use only first names to introduce themselves
- Attend programing from a private space
- Use headphones if there is anyone else present in their home

Check-list for Participant Success



Successful completion of this program requires active participation, a high level of commitment and follow-through.

- 01. Show Up to Class
- 02. Participate During Class
- 03. Be Respectful
- 04. Do the Homework

About the sessions

- Enrollment is ongoing
- Classes are interactive and conversational and encourage self-reflection
- Multimedia and references to pop culture are used to reinforce the programs core competencies and objectives and as examples of good leadership
- ITL 180 sees beyond what is wrong to build on what is strong as a catalyst to change

Referral Process

1. Ensure the young person meets the eligibility requirements
2. Complete the attached fillable PDF referral form*
3. Send it to Trevor Nash at Trevor.Nash@gov.ab.ca
4. Referrer will receive a certificate of completion through email when the young person has successfully completed the program

*if we do not receive the referral form we can not allow the youth to participate and it could result in them not successfully completing their requirements.

What we will do to ensure privacy

- Use an encrypted video calling platform
- Monitor who is admitted into the class
- Facilitate programing from a private space

In the Lead 180 is ideal for youth who have strengths and leadership potential that are too easily overlooked because of the more obvious barriers or behaviors. ITL 180 gives these kids a chance to realize their leadership potential, their strengths and their power to make better choices.

— Denise Blair Executive Director,
Calgary Youth Justice Society



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