

## Basic Needs Supports: Financial Services

\*\* Please note: all of these services have been checked to ensure that they are still providing support during these challenging times. As things develop, they may reduce or adjust services.

\*\* If you are looking for a service that is not outlined below, please call 211 or visit <https://www.ab.211.ca/>

### **Alberta Benefits and Income Supports 1-877-644-9992**

- Providing information and access to financial benefits
  - <https://www.alberta.ca/alberta-supports.aspx#toc-0>
- Alberta Works Emergency Financial Supports – including food, shelter, utilities, childcare, medical expenses
  - <https://www.alberta.ca/income-support-how-to-apply.aspx>
- Note that all Alberta Support Centres have temporarily suspended in person services until further notice

### **Employment Insurance (EI) Benefits**

- If you have been recently laid off or lost your job you can apply for EI benefits
  - For regular benefits <https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html>
- EI Sickness and Emergency Care benefits provides up to 15 weeks of assistance for illness, injury, quarantine or staying home with children
  - <https://www.canada.ca/en/employment-social-development/corporate/notices/coronavirus.html>



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