

Basic Needs Supports: Food

** Please note: all of these services have been checked to ensure that they are still providing support during these challenging times. As things develop, they may reduce or adjust services.

** If you are looking for a service that is not outlined below, please call 211 or visit <https://www.ab.211.ca/>

The Calgary Food Bank REQUESTING HAMPERS – 403-253-2055

- You can now access the Food Bank via appointment only.
- Food is being distributed through a drive through
- If you do not have a vehicle, please let the foodbank staff know so they can make other arrangements.
- You can make 4 self referrals per year. Following that, you must get a referral. For a referral, please call
 - the Salvation Army at 403-220-0432.
 - The Mustard Seed at 403-269-1319
 - Family Matters Society at 403-205-5178
- There are some other locations that are still providing food hampers, however that changes rapidly right now. The hamper request line will be able to inform you alternative places if need be.

Salvation Army – 403-220-0432

- Emergency food and essential hampers
- By appointment only. Call to schedule an appointment

Calgary Coop Care Package

- Food essentials hamper containing non-perishable food items to anyone required to be quarantined as directed by a public health agency
- To request a care package contact memberengagement@calgarycoop.com and include name, address, phone number, location of closest Calgary Co-op store and start and end date of quarantine as instructed by public health agency
- Care packages are currently available until April 15

