

COACH

PROGRAM INFORMATION

Thank you for your interest in becoming involved as a volunteer Coach with IN THE LEAD. Here is some information about the program.

WHAT?

WHAT IS IN THE LEAD?

- An innovative LEADERSHIP DEVELOPMENT and MENTORSHIP program that connects vulnerable young people with positive adult mentors
 - A STRENGTH-BASED approach to mentorship and relational development
 - An opportunity to volunteer *and* DEVELOP your own personal leadership and mentorship skills
 - A chance to CONNECT with Young Leaders and support their leadership journey
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WHO?

IS THIS SOMETHING FOR YOU?

THE COMMITMENT

Volunteer Coaches/Mentors interested in participating in this program must be able to commit to:

- Being available for the duration of the 4-month program
- Completing an application and screening process (including a Police Check with vulnerable sector search and Intervention Record Check)
- Participating in three half-day training sessions (3 hours each, 2 at the beginning of the program and 1 halfway through the program)
- Attending “Meet Up” and “Wrap Up” (events where Young Leaders and Coaches are introduced to each other and then celebrated)
- Connecting regularly with Young Leaders (depending on the model it may be 1:1 or part of a cohort group)
- Participating in leadership development classes and give back challenges with other Coaches and Young Leaders
- Being willing to learn, open-minded and ready to be challenged!



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WHY?

WHY IS THIS A GREAT OPPORTUNITY FOR YOU?

- GROW PERSONALLY AND PROFESSIONALLY
- ENHANCE POSITIVE RELATIONSHIP SKILLS
- DEVELOP A STRENGTH-BASED MINDSET
- EXERCISE YOUR CREATIVITY
- EXPAND YOUR COMFORT ZONE
- DEVELOP YOUR SELF-AWARENESS
- CHALLENGE YOUR EXPECTATIONS OF YOURSELF AND OTHERS
- CREATE NEW AND MEANINGFUL CONNECTIONS

PROGRAM COMPONENTS

THERE ARE THREE MAIN COMPONENTS TO IN THE LEAD ONLINE:

COACHING/MENTORING

The role of the Coach/Mentor is simple: get to know a great Young Leader or group of Young Leaders, find out what strengths they have and encourage them to use those strengths to reach their full potential. Coaches are trained and supported throughout the program and experience their own leadership and mentorship development journey.

LEADERSHIP DEVELOPMENT OPPORTUNITIES

Young Leaders and Coaches/Mentors are encouraged to participate in activities to further their leadership development and make a positive impact in the community.

WEEKLY LEADERSHIP DEVELOPMENT CLASSES

Over the course of the program the Young Leaders meet weekly as a group with an In the Lead facilitator to work through a leadership curriculum based on proven Core Leadership Competencies. Coaches will be expected to attend some of these classes to share their perspectives and encourage and support Young Leader growth and learning.

EVERYONE NEEDS SOMEONE WHO BELIEVES IN THEM. *Will it be you?*

