



CALGARY
YOUTH
JUSTICE
COMMITTEES

Volunteer Community Connection Information Sheet

The Alex



A CALGARY YOUTH JUSTICE
SOCIETY PROGRAM

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CALGARY YOUTH JUSTICE COMMITTEES

What is a Community Connection?

A Community Connection is an opportunity for youth to visit a youth serving organization and learn about all the different ways they can help.

We hope that once youth learn about and are connected to the organization, they will continue to access it for any support or services they might need in the future.



Location

Youth Health Centre

Ages 12 - 24

Monday - Friday, 10:30am - 5:15pm

#104, 2840 2nd Avenue SE

Accessible through Calgary Transit Blue Line
LRT—Franklin Station

Who to Contact

Judy McCuaig (she/her/hers)

Case Management Team Lead Youth Centre

Phone: 403-520-6270

Email: jmccuaig@thealex.ca

The Alex Youth Health Centre

An open door and an open ear.

Oki, Boozhoo, Tansi, Danit'ada, Aba'wathtech, Hello, Bonjour, Hola, Namaste, Ciao, Hallo, Aloha!

The AYHC is a safe and supportive place for youth ages 12-24 to get health and social care from a trustworthy and caring team of doctors, nurses and social workers.

Services offered:

- Medical care
- Harm reduction supplies + support
- Justice navigation
- Mental health supports (ages 16+)
- Sexual health supports (STI testing and treatment, pregnancy testing/options, and contraception options)
- Pharmacy services
- Basic needs support + case management
- Variety of groups (closed and open)
- LGBTQ2S+ supports
- Prenatal and parenting programs
- ID document support
- Counseling

What Youth Have To Do

Contact Judy McCuaig to schedule a time to visit The Alex Youth Health Centre.

When youth go for a scheduled visit, one of the friendly staff will give them a tour and inform them of the the different services they offer and the different activities and programs youth can participate in.

Ask the youth to:

1. Get a business card or pamphlet so they can prove they visited.
2. Complete the Community Connection Reflection Sheet.

The youth should send or bring the completed Reflection Sheet plus the business card or pamphlet to final meeting.

