



CALGARY
YOUTH
JUSTICE
COMMITTEES

Youth Community Connection Information Sheet

The Alex



A CALGARY YOUTH JUSTICE
SOCIETY PROGRAM

cyjc.ca



CALGARY YOUTH JUSTICE COMMITTEES

What is a Community Connection?

A Community Connection is an opportunity for you to visit a youth serving organization and learn about all the different ways they can help.

We hope that once you learn about and are connected to the organization, you will continue to access it for any support or services you might need in the future.



Location

Youth Health Centre

Ages 12 - 24

Monday - Friday, 10:30am - 5:15pm

#104, 2840 2nd Avenue SE

Accessible through Calgary Transit Blue Line
LRT—Franklin Station

Who to Contact

Judy McCuaig (she/her/hers)

Case Management Team Lead Youth Centre

Phone: 403-520-6270

Email: jmccuaig@thealex.ca

The Alex Youth Health Centre

An open door and an open ear.

Oki, Boozhoo, Tansi, Danit'ada, Aba'wathtech, Hello,
Bonjour, Hola, Namaste, Ciao, Hallo, Aloha!

We are here to listen and to help you achieve your goals!
If you need judgment-free, dignified medical support,
job training, counseling, or parenting

- Medical care
- Harm reduction supplies + support
- Justice navigation
- Mental health supports (ages 16+)
- Sexual health supports (STI testing and treatment, pregnancy testing/options, and contraception options)
- Pharmacy services
- Basic needs support + case management
- Variety of groups (closed and open)
- LGBTQ2S+ supports
- Prenatal and parenting programs
- ID document support
- Counseling

What You Have To Do

Contact Judy McCuaig to schedule a time to visit The Alex Youth Health Centre.

When you go for your scheduled visit, one of the friendly staff will give you a tour, let you the different services they offer and the different activities and programs you can participate in.

Make sure you get a business card or pamphlet so you can prove you visited.

After your visit you must complete the Community Connection Reflection Sheet.

Send or bring your completed Reflection Sheet plus the business card or pamphlet to your File Chair as prove you visited the Alex Youth Health Centre.

