

Our Mission:

The "Gloves Not Guns" youth boxing program, spearheaded by Pivot Society, is dedicated to aiding young individuals grappling with life's challenges. Our primary focus lies in instilling discipline and selfassurance, empowering these youths to steer clear of conflicts and intervene effectively when needed.

Through structured fitness and boxing sessions, along with life skills workshops, participants acquire vital physical skills and practical tools to overcome obstacles. Integrated restorative justice principles promote accountability and reconciliation, while ongoing mentorship ensures continuous growth and community involvement.

Ultimately, our program aims to break the cycle of crime and inspire positive contributions to society from our empowered youth.

Duration & Participation:

- > Program runs July 16th August 22nd
- Tuesdays & Thursdays (3:30pm 6pm)
- > 10 12 youth per cohort
- > Youth ages 15 20

PROGRAM ELEMENTS



Lived Experience Speaker Session

A session featuring a lived experience speaker to discuss real-life challenges and alternative pathways for at-risk youth



Boxing Training (no contact)

Structured boxing training session focusing on physical fitness, discipline, and skill development, without physical contact.



Life Skills & Leadership Development

GNG has partnered with In the Lead to deliver leadership and character building curriculum proven to increase levels of resilience while decreasing levels of risk and contributing to the overall well-being and thriving of youth.

PROGRAM GOALS

- Provide a sense of self identity and confidence
- · Give at risk youth positive adult connections
- Educate on the dangers of violence, gangs and addiction through a lived experience lens
- Promote the restorative justice process and prevent recidivism
- Prove tools for conflict resolution and controlling emotions
- Build a sense of community and connection
- Provide a healthy outlet through boxing and exercise

REGISTRATION INFO:

Registration begins on May 20th and ends on July 8th.

Scan here to register a young person between the ages of 15 - 20:



Please note: we have <u>limited spots</u> available, and will contact you to confirm participation.



